

YOUR CERTIFICATE IV PATHWAY



CERTIFICATE IV in CONTEMPORARY PILATES & TEACHING METHODOLOGY

The Certificate IV in Contemporary Pilates & Teaching Methodology is a nationally recognised qualification, allowing you to work independently with skill and confidence.



Cluster I

consecutive order

Basic Pilates Anatomy

Pilates Essentials

Remedial Pilates I – Postural Assessment

Pilates Flow

3 Assignments

Examination

PILATES MATWORK CERTIFICATION Achieved

CERTIFICATE IV • Cluster II

any order

Remedial Pilates II – Movement Assessment

Functional Pilates Choreography

Tactile Cueing & Kinaesthesia

Market your Pilates Knowledge

Log Book – 50hrs Self Mastery

Log Book – 15hrs Observation

Log Book – 15hrs Teaching

1 Assignment

Examination

CERTIFICATE IV Achieved



*art of motion
training in movement*

An informed decision is a good decision! We are happy to assist you.

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